



VCJC Entrance Test Working Group Meeting Minutes October 25, 2021 (1:00-2:00)

Meeting Date and Time: Monday, October 25, 2021 1:00PM – 2:00PM

Meeting Location: This meeting was via Microsoft Teams and Room 118 at 317 Academy Rd. Pittsford, VT 05763.

Members Present: John Federico, Jon Murad, Roger Marcoux, Justin Stedman, Steve Coote, Chris Brickell

Members Absent: Tammy Boudah,

Others in Attendance: Lindsay Thivierge, Michael Harper

Call to Order 1:03PM

No additions or deletions to agenda

Approval of prior meeting minutes

Motion to approve minutes from 9/20—Roger Marcoux, 2nd Justin Stedman, all in favor.

PT Discussion

- Introductions of all members and guests
- Overview of history of the rower test
- Test is easy to learn compared to a JST because the work flow and equipment access are less complicated.
- Rower test administrators have recommendations from EEOC to ensure under represented populations have access and understanding as well as training tips.
- Administrative time for a rower test is much less than JST and Cooper test.
- Is the Rower used during the Academy as well? Isometric /anaerobic programs—four phases that builds up fitness and each student is given a portfolio to show how they have excelled—also included is a nutrition package.
- Stress management program that focuses on fitness for life and ways to live healthy.
- How can local departments prepare recruits if they are not in proximity to the Academy/rowers? One way to prepare them is by looking at concepts and not the rower—how do we get the body moving appropriately and comprehensively.
- Vermont program is based on Texas DPS program and eventually we could build our own program from the data. They help establish the standards for each agency, they look at data and disparities.
- Works with all agencies regardless of size to make sure performance is based on individuals fully holistic program.
- Do people have to be certified to administer the test and is there a mechanism to make that locally sourced.—instead of sending people to be trained program administrators come out to do the training.
- Do we have to start the program at the Academy, department, or entrance testing level and then look at the data and how it corresponds.—Academy has already been collecting.
- Overview and discussion on VSP experience with Rower test.

Motion to Adjourn Justin Stedman, 2nd Roger Marcoux, all in favor (6/7).

Meeting Adjourned 14:15