



# JULY 15-16 CASTLETON

## First Responder Wellness Conference

**BROUGHT TO YOU BY: THE CENTER FOR SOCIAL JUSTICE AND TRAUMA INFORMED CARE, THE VERMONT EMERGENCY SERVICE PROVIDER WELLNESS COMMISSION, & FIRSTNET BUILT BY AT&T**



**July 15-16, 2024:  
8:00 AM - 5:00 PM**



**\$100 per attendee  
\$60 for overnight accommodations**



**Registration:**

[vermontstatecolleges.formstack.com/forms/vtsu\\_2024\\_first\\_responder\\_wellness\\_conference](https://vermontstatecolleges.formstack.com/forms/vtsu_2024_first_responder_wellness_conference)

**Scholarships available for those needing assistance**

**Each day includes breakfast, wellness events, keynote presentation, lunch, and a variety of workshops to choose from.**



**VTSU's Castleton Pavilion  
360 South St, Castleton, VT**



**For questions, email:  
[Emily.Leinoff@newportpd.org](mailto:Emily.Leinoff@newportpd.org)**



### Keynote Presenters

#### Dr. Nicole Sawyer, PsyD:

Licensed clinical psychologist in New Hampshire who works exclusively with public safety professionals and agencies. Supporting psychologist for the NH State Police Peer Support Unit, she provides clinical support for various Critical Incident Stress Management teams across the state and is an instructor for the NAMI-NH Crisis Intervention Team. She is the professional crisis intervention specialist for a variety of agencies, responding alongside law enforcement and Crisis Negotiation Teams. Additionally, she provides psychological consultation, assessment, and evaluation for agencies across NH. Dr. Sawyer is known best for her straight-talking and candid trainings and workshops; taking a direct approach to the psychological challenges faced by public safety professionals over the course of their careers (both acquired and self-imposed), as well as the challenges of crisis intervention in the community.

#### Director Mike Cancellieri, Front Line Foundations:

Founded in 2020, Front Line Foundations (FLF) is a Vermont-based 501(c)(3) non-profit organization located in Bellows Falls, VT. They are a small team of people who are dedicated to providing culturally-competent mental health care to veterans and first responders that reforges the critical connection between the mind and the heart. At FLF, they provide skills-based mindfulness education and treatment for veterans and first responders to address the impact of post-traumatic stress. Each of them have experienced the impact of service-related trauma and post-traumatic stress personally, or in their immediate families. Because they are part of the community that they serve, they understand how the cumulative effects of uniformed services work can challenge personal well-being and change family dynamics.