



VCJC Entrance Test Working Group Meeting Minutes May 17, 2022 (12:30-1:30)

Meeting Date and Time: Tuesday, May 17, 2022 12:30PM – 1:30PM

Meeting Location: This meeting was via Microsoft Teams and Room 118 at 317 Academy Rd. Pittsford, VT 05763.

Members Present: Jon Murad, Steve Coote, John Federico, Justin Stedman, Wilda White

Members Absent: Roger Marcoux, Tom Mozzer

Others in Attendance: Lindsay Thivierge, Chris Brickell, Ken Hawkins

Call to Order 12:32 PM

No additions or deletions to agenda

Motion to accept meeting minutes from 5/3/22 meeting minutes second Wilda White.

Academy Physical Fitness: The Entrance Test Working Group committee discussed if there should be an increase in the percentage for physical fitness entrance test.

Feedback from staff: Staff gave an overview of the PT program at the Academy and the differences present during this class as opposed to others in regards to fitness for life. Findings are there is a lower standard of physical capability in recruits, they aren't where they should be. There seems to be a wild divergence in the levels of fitness to accommodate this the staff have created three different groups, staff are working through managing the size of the group. When conducting a test at the 50th percentile —11 were not able to meet that and that changes the schedule of transition into the phase 2 progression. Remedial programs are in place and worked on every day. Concern about physical ability correlation to use of force training and endurance for use of force incidence in the field. A Cooper style exam is required for exit of the Academy as a part of a customized PT plan that was built for the Academy.

There is a Mindset and level of recognition by the recruits that the PT standard is in flux and it shows in the effort being put forth. It is not up to the academy on who to hire but it is our responsibility to make sure the recruits are physically capable of meeting the requirements.

Subcommittee agreed that a re-evaluation should be done and to look at the PT in the way we looked at the entrance exam and what the academy will require of recruits during their time. Look at the possibility of having the run added or have the standard percentage raised on the rower as possibilities.

This conversation will continue when all members are present.

Motion to adjourn by Justin Stedman and second by Steve Coote.