



VCJC Entrance Test Working Group Meeting Minutes July 12, 2022 (12:30-1:30)

Meeting Date and Time: Tuesday, July 12, 2022 12:30PM – 1:30PM

Meeting Location: This meeting was via Microsoft Teams

Members Present: Jon Murad, Justin Stedman, Wilda White, Roger Marcoux, Steve Coote

Members Absent: Tom Mozzer **Others in Attendance:** Lindsay Thivierge, Chris Brickell, Ken Hawkins,

Call to Order 12:33 PM

No Additions or deletion to the agenda

Approval of prior meeting minutes

Edit Meeting minutes from 6/14/22 to reflect 6/14/22 date motion made by Justin Stedman, second by Wilda White, all in favor. Meeting Minutes from 6/28/22 motion to approve made by Justin Stedman, second by Wilda White, all in favor.

Academy Physical Fitness Discussion—Texas DPS— Discussion among working group members initiated with an overview of what was presented by Texas DPS on 6/28/2022 and what the takeaways were from the presentation.

- We want to ensure we have a legally defensible test.
- If a recommendation is made outside of what Texas DPS has recommended it would just be a guess.
- The run standards from Texas DPS are not Cooper, they are a combination of Cooper, FLETC, and DOD.
- Should standard of Texas DPS be same as Vermont—humans are humans everywhere the standard should be the same.
- Running has traditionally caused greater injuries, by adding the run do we add that risk?
- Initial data collected in VT over a three year period with the 1.5 mile run and the 500 M row—Texas DPS recommended we start at the 40th percentile and adjust as necessary. If we have data to run from that is what we should be using—if we can utilize and integrate.

Justin Stedman made a motion to propose that we adopt the 500m row and 1.5 m run starting at the 50th percentile (current exit standard) with the idea that we can examine the numbers going forward and if we see changes needed then we make these adjustments. Roger Marcoux second—discussion ensued—

- 50th percentile seems arbitrary—we should raise methodically as Texas recommended. You have a basis for 40 not 50 so that is where we need to start.
- Amend motion to start at the 40th percentile for a 500m row and 1.5 mile run— Collect data after ever class. After each class we revisit and make new recommendations—when 90% of the people reach that standard we can increase the standard. We should adopt the process of averaging the two.
- Texas evaluates with 10,000 data points from FLETC audited every year that is defensible.



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- What will the exit standard expectation be for the Academy?
- Regardless of how we implement the entry test the academy will not be increasing running in the PT program.

Motion amended: Entry to VPA: 500 meter row and 1.5 mile run with 20 minute rest in-between at 40th percentile averaged based on Texas DPS data. Exit from VPA: 500 meter row and 1.5 mile run with 20 minute rest in-between at 50th percentile average based on Texas DPS data.

- Motion seconded—all in favor

Prior to next meeting each member should provide Academy staff with a few bullet points on why we are changing the recommendation.

Next agenda item – Review PT recommendation compilation, MMPI.

General Discussion—none

Motion to adjourn Justin Stedman, second Wilda White, , all in favor. Meeting adjourned at 1:29 PM